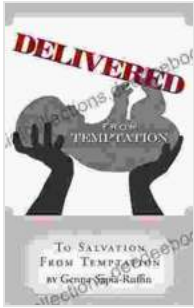


Delivered From Temptation: From Temptation to Salvation



Temptation is an inherent part of the human experience. It is the allure of forbidden pleasures, the nagging voice that whispers promises of instant gratification. While temptation can be a powerful force, it does not have to control us. With God's help, we can overcome temptation and live a life of freedom and victory.

Delivered from Temptation: From Temptation to Salvation by Genna Sapia-Ruffin



★★★★☆ 4.3 out of 5

Language : English
File size : 6522 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 476 pages
Lending : Enabled



The Nature of Temptation

Temptation comes in many forms. It can be the temptation to sin, to give in to our selfish desires, or to compromise our values. Temptation can also come in the form of doubt, fear, or discouragement.

Temptation is not always a bad thing. In fact, it can be an opportunity for growth. When we face temptation, we have the chance to choose between right and wrong. We can choose to yield to temptation, or we can choose to resist it.

How to Overcome Temptation

Overcoming temptation is not always easy, but it is possible. With God's help, we can learn to resist temptation and live a life of victory.

Here are some tips for overcoming temptation:

- **Identify your triggers.** What are the things that typically tempt you? Once you know what your triggers are, you can avoid them or be prepared for them.

- **Pray for strength.** God is our source of strength and power. When we pray for help, He will give us the strength to resist temptation.
- **Memorize Scripture.** The Bible is full of verses that can help us to resist temptation. When we memorize Scripture, we have a weapon to use against the devil's temptations.
- **Find a support group.** Surround yourself with people who will encourage you and help you to stay accountable.
- **Don't give up.** Overcoming temptation is a process. There will be times when you fail, but don't give up. Keep fighting, and eventually you will overcome.

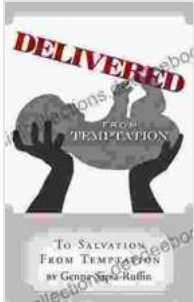
The Benefits of Overcoming Temptation

Overcoming temptation leads to a number of benefits, including:

- **Freedom from sin.** When we overcome temptation, we are no longer enslaved to sin. We are free to live a life that is pleasing to God.
- **Increased spiritual growth.** Overcoming temptation helps us to grow spiritually. We learn to rely on God more and more, and we develop a stronger relationship with Him.
- **Greater peace and joy.** When we overcome temptation, we experience a greater sense of peace and joy. We know that we are living in God's will, and we are confident in His love and protection.

Temptation is a powerful force, but it does not have to control us. With God's help, we can overcome temptation and live a life of freedom and victory.

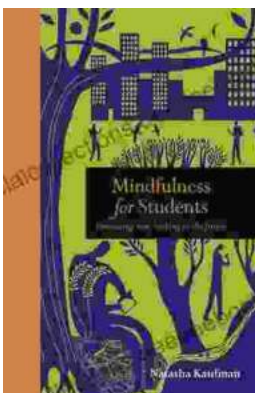
If you are struggling with temptation, don't give up. Keep fighting, and eventually you will overcome. God is faithful, and He will never leave you alone.



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